



Welcome Back, Dry Nights

By: Ashley Haugen

Nope — not talking about bedwetting. I'm talking about night sweats.

When Anne Best of Brentwood was diagnosed with breast cancer back in 2000, one of the more uncomfortable things she remembers is the terrible night sweats she suffered. “I realized that I dreaded going to bed because I knew what awaited me in the middle of the night,” says Best. “The thought that a restful night’s sleep would be impossible was a psychological impairment that was almost worse than the physical side affects of the night sweats.”

In an ironic twist, her husband Kirby, a former Canadian winter athlete, suggested she try one of his sweat-wicking athletic tops. She did, it worked, and Dry Dreams was born. Anne worked together with Kirby and a team of fabric technicians, and the end result was a line of night sweat-proof, attractive, and comfortable sleepwear. And it appeals to more than just cancer patients. They go over great with pregnant and menopausal women as well. **BONUS:** 100 percent of the proceeds after operating expenses goes directly to breast cancer research. **THAT’S** dedication!

Learn more and see the complete line at drydreamssleepwear.com.